



Environment

- Respect private properties and farmland.
- Please do not pick flowers, fruit or mushrooms.
- Try not to disturb animals.
- Take your litter home, be considerate to others and to the environment.
- Take care and be courteous when overtaking or approaching others. Give way to pedestrians.
- Beware of agricultural or forestry machinery.
- Close gates behind you.

Safety

- > For your own safety, use the signposted trails in the recommended direction.
- > Do not overestimate your own abilities and keep your speed down.
- > Check out your MTB before leaving and make sure you carry sufficient water, snacks and a repair kit with you.
- > If you go out alone, tell your friends or family where you are heading.
- > Make sure your insurance policy and health certificates are up to date.
- > We recommend you wear a helmet and brightly-coloured clothes (in order to be visible)
- > In the hunting season: contact the Hunting Federation (+33 475878820) for the dates of official group hunts organized by the local authorities.



go DU RHÔNE AUX
gorges
de l'ARDECHE

For more information :

Tourist Office

Du Rhône aux Gorges de l'Ardèche

Tél. +33 (0)4 75 54 54 20

Download GPX track and sheet at :

www.rhone-gorges-ardeche.com



MTB LOOP

Trail N°11

*The Gateway to the
Ardèche Gorges*

**Starting point
Saint-Martin-d'Ardèche**

Level
of difficulty



Lat. 44.01653
Lng. 4.565653



7,5km



1h30



60m



Family - friendly



Frédéric Martain

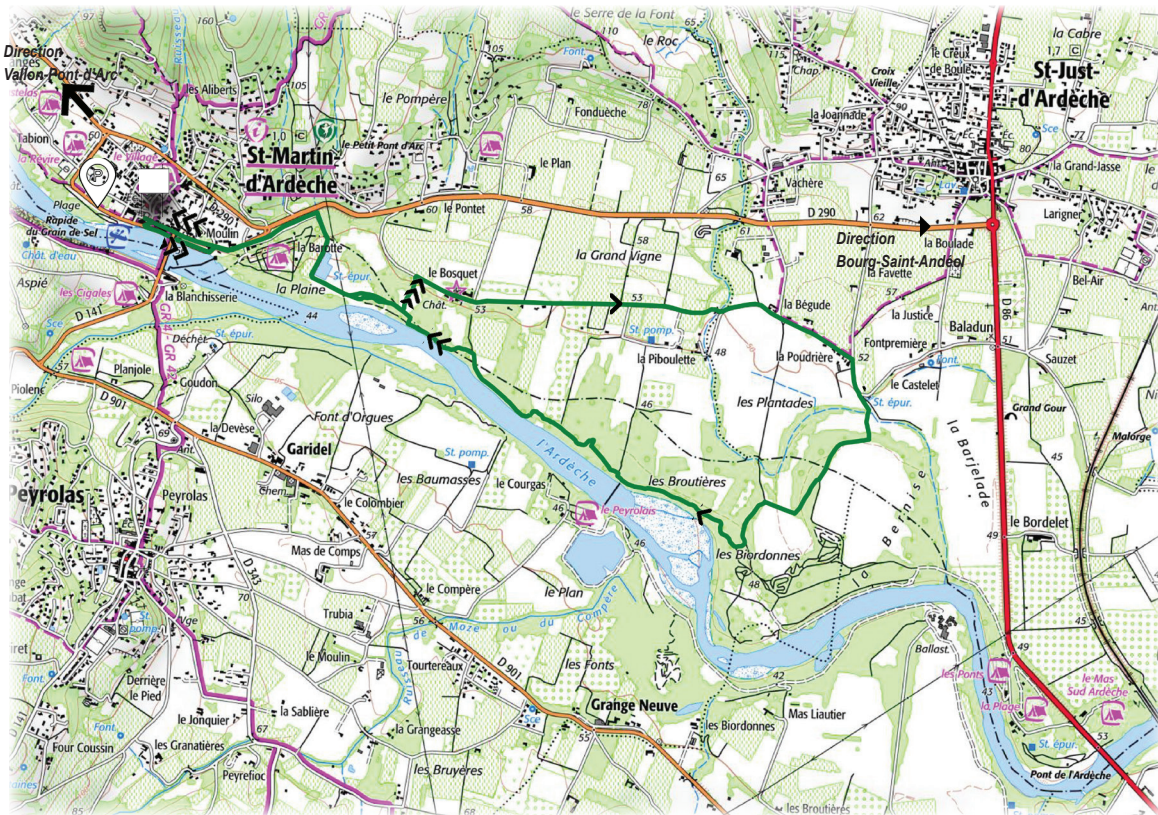
Cultural heritage and scenery

Starting from Saint Martin Tourist Office, a family-friendly ride along quiet roads and tracks. This is a rather unusual trail for Ardèche as there is little change in altitude and there are few rough stony tracks. The return ride takes you alongside the river Ardèche where it exits the Gorges. An extension is possible to take in the beach at the "Broken Bridge" in Saint Just.



The National Nature Reserve of the Ardèche Gorges

Saint Martin is on the edge of the national nature reserve and as such a great starting place to explore the heart of the Gorges. The National Nature Reserve of the Ardèche Gorges offers an abundance of flora and wildlife including rare plants, the beaver, common genet, otter, Bonelli eagle, short-toed snake eagle or vulture, which are seldom seen elsewhere.

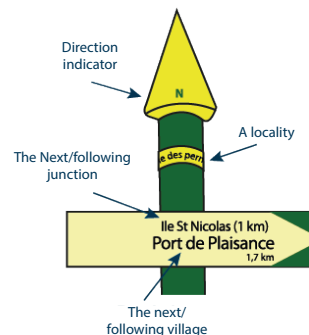


KEY

Starting point,
hiking/riding information
signs :
Office de Tourisme
Place de l'église
07700 SAINT-MARTIN-D'ARDECHE

MTB

Local trails	Level of difficulty
	Very easy
	Easy
	Difficult
	Very difficult
	Wrong direction
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Tour / loop